

# AUTUMN 2025 WEEKDAY CLASSES

RAMBERT

## LINDEN STUDIO (Rambert building)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8.00 9.30am	Professional Class	Professional Class	Professional Class	Professional Class	Professional Class
	With Weekly Guest Artist	With Weekly Guest Artist	With Weekly Guest Artist	With Weekly Guest Artist	With Weekly Guest Artist
6.20 - 7.20pm	Ballroom Beginners	Contemporary Beginners	Yoga Open Level	Ballet Improvers	
	With Izzi	With Paradigmz	With Hanna	With Nina	
7.30- 8.45pm		Contemporary Intermediate	Contemporary Absolute Beginners		
		With Belinda	With Kirill and Jonathan		

## MERCURY STUDIO (Rambert Building)

Time	Monday	Tuesday	Wednesday	Thursday	Friday
10.30 - 11.30am			Over 60s Contemporary		
			With Paradigmz		
6.20 - 7.20pm	K-Pop Open Level	Pilates Open Level	Gaga/people	Line Dancing	
	With Coco	With Symeon	With Gaga teacher	With Emma	
7.30 - 8.45pm		Ballet Beginners			
		With Nandita			

\*The Linden & Mercury Studios are located at the Rambert building on South Bank, 99 Upper Ground, SE1 9PP.

