

Rambert Class Programme Autumn 2019: Adults, Young People and Children
at Rambert, 99 Upper Ground, London, SE1 9PP

	Monday	Tuesday	Wednesday	Thursday	Friday
9-10.15am	Professional Class Age: 18+ DROP IN	Professional Class Age: 18+ DROP IN	Professional Class Age: 18+ DROP IN	Professional Class Age: 18+ DROP IN	Professional Class Age: 18+ DROP IN
10.15-11.45am	Dance for Dementia Arrival: 10.15am Class: 10.30 - 11.45am Tea/Coffee: 11.45am - 12.30pm Please contact Learning@rambert.org.uk to register	Dance for Parkinsons Arrival: 10.15am Class: 10.30 - 11.45am Tea/Coffee: 11.45am - 12.30pm Please contact Learning@rambert.org.uk to register	Mercury Movers with Jane Woolley Age: 60+ CS	Mercury Movers with Jane Woolley Age: 60+ CS	
6.15-7.15pm		Contemporary Beginners with James Muller Age: 18+ CS	Young Movers 2: Contemporary with Natalie Dodd Age: 11 - 13yrs CS		
6.15-7.45pm			Youth Contemporary with Katie Mason Age: 14 - 17yrs		
7.15-8.45pm	Ballet Foundation with Joshua Barwick (Level 1) Age: 18+	Contemporary Foundation (Level 1) with Sonia Illescas Age: 18+	Body conditioning with Pieter Symonds Age: 18+ CS	Contemporary Beginners with Alicia Frost Age: 18+ CS	
7.15-8.45pm	Ballet Intermediate with Luke Ahmet (Level 2) Age: 18+	Contemporary Intermediate (Level 2) with Alicia Frost Age: 18+		Ballet Beginners with Mark Kelly Age: 18+ CS	

KEY

CS - Discount available for residents of Coin Street Community (limited availability)

DROP IN - No booking required

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Saturday

9-10am	10-11am	11-12pm	12-1pm	1-2pm	2-3.30pm	3.30-5pm
Little Movers 1 with Maria da Luz (1st half term) Abbie Biscoe (2nd half term) Age: 2yrs CS	Little Movers 2 with Maria da Luz (1st half term) Abbie Biscoe (2nd half term) Age: 3-4yrs CS	Mini Movers with Katie Mason Age: 5-7yrs CS	Family Yoga with Josie Sovegarto Age: 4-8 yrs CS	Hip Hop with Kloe Dean Age: 8-14yrs CS	Young Movers 1 with Josie Sovegarto Age: 8-10 yrs CS	Mercury Movers with Sonia Illescas Age: 60+ CS
		Adult Yoga with Josie Sovegarto Age: 18+ DROP IN CS		Youth Yoga with Josie Sovegarto 1-1.45pm Age: 8+ CS	Young Movers 2 with Sonia Illescas Age: 11-13 yrs CS	

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